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FOR IMMEDIATE RELEASE

WISCONSIN'S OSTHOFF RESORT TEAMS UP WITH ICE AGE TRAIL "THOUSAND-MILER" HIKER AND AUTHOR MELANIE MCMANUS FOR NEW HIKING WEEKEND

ELKHART LAKE, Wis. (Sept. 17, 2019) – The Osthoff Resort in Elkhart Lake, Wis., has just announced its first Ice Age Trail hiking weekend event, set for Oct. 25-27, 2019. The hikes through the Kettle Moraine State Forest and guided discussions will be led by Wisconsin's Melanie McManus, travel writer, speaker and author of "Thousand-Miler: Adventures Hiking the Ice Age Trail." For the weekend itinerary, visit www.Osthoff.com/Autumn-Packages. Reservations may be made by calling 844.566.4392.

The highlight of the weekend will be two guided hikes with McManus, the only person to have thru-hiked the 1,150-mile trail twice. She set the women's fastpacking hiking record in both 2013 and 2015. McManus is among an elite group of Ice Age Trail thru-hikers known as Thousand-Milers. Distances during the Osthoff event weekend will range from three to four miles, taking hikers through grasslands, wetlands and forest on the segment of the Ice Age Trail that runs through the Elkhart Lake area.

Ice Age Trail Hiking Package includes:

- Two evenings in a two-bedroom suite at the AAA Four Diamond Osthoff Resort
- Friday welcome wine reception and dinner at Elkhart Inn
- Ice Age Trail guided hikes and discussions with Melanie McManus
- Sunday European Brunch at Lola's on the Lake Restaurant
- Complimentary glass of wine with dinner at Lola's, Otto's or Elkhart Inn Restaurants
- 20% off all Aspira Spa services, Friday-Sunday

The [complete itinerary](#) is priced at \$335 per person, plus tax and gratuity (double occupancy). Single rates available.

"I'm excited to help get people outside and hiking," said McManus. "There are innumerable studies showing the benefits of being outside, and specifically walking through the great outdoors, from reducing stress to increasing your focus to making you more compassionate." McManus noted that the Osthoff's weekend hikes will take guests along one of the earliest segments of the Ice Age Trail, plus offer views of a glacial meltwater channel.



McManus will also be offering hiking tips, tricks and best practices. "I'll give attendees an idea of the amazing adventures that can be had, and the incredible beauty that can be seen, when you venture onto any given hiking trail," said McManus.

The Ice Age Trail is one of 11 National Scenic Trails in the country. McManus shared her current goal is to hike all 11 of them.

About The Osthoff Resort

The Osthoff Resort, considered a landmark in Wisconsin tourism, is known for its lakeshore setting on crystal clear Elkhart Lake, spacious suites, award-winning Aspira Spa, and an impressive collection of amenities that include three restaurants, a cooking school, gift boutiques, indoor and outdoor pools and elegant ballrooms and meeting venues. It is located just one hour north of Milwaukee, less than two hours from Madison and approximately three hours from Chicago. In 2018, The Osthoff Resort earned a spot on Condé Nast Traveler's "Readers' Choice Awards" as one of the "Top Resorts in Texas & the Midwest" and Aspira Spa earned top accolades as #2 Spa in America by spa and wellness website Spas of America and "Best Solo Getaway" by *Organic Spa Magazine*. For additional information about The Osthoff Resort, visit www.osthoff.com, call 844.566.4392, or follow the Osthoff on Facebook, Instagram, and Twitter.



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