



# *Teen Activities*

## AT THE OSTHOFF RESORT

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### **Wake Up, No Wake Paddle**

Monday, Wednesday, Friday, 9–10 AM  
\$20, Ages 13–17

### **Kubb**

*(pronounced "koob")*

Monday, Wednesday, Friday, 2–3 PM  
Free, All Ages

### **Teen Yoga**

Tuesday, Thursday, 4–5 PM  
\$15 (max capacity: 20), Ages 13–17

### **Passport to Pastry**

Tuesday, 11 AM–12:30 PM  
\$45, Ages 13–17

### **So You Think You Can't Dance?**

Thursday, 11 AM–12 PM  
\$15, Ages 11–17

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Please register in advance to ensure your participation in the activity of your choice.

**Call 800.876.3399 or register at  
the Front Desk or Activities Room  
during your stay.**

## WAKE UP, NO WAKE PADDLE

Before the motors start on the lake, learn how to use a stand up paddleboard (SUP) while the waters of Elkhart Lake are calm and wake-free! The first 10 minutes, we'll teach you the basics: how to get on, stand up, and navigate your SUP. Then we'll head onto Elkhart Lake for a picturesque paddle.

## KUBB

Play the centuries-old game often referred to as "Viking Chess." Kubb is an easy-to-learn combination of bowling and horseshoes. We'll teach you the rules and you'll have hours of fun! Meet at the Osthoff lawn gazebo. 1 hour rentals of Kubb are available Monday–Saturday, 8:30 AM–4 PM from the Activities Room.

## TEEN YOGA

Relax, unwind and learn stretches and exercises to help your body feel stronger. We'll also introduce breathing techniques and mindfulness to help manage stressful situations and provide an overall sense of calm.

## PASSPORT TO PASTRY

Delve into the world of dough as we make pastry from scratch to create sweet and savory pies and pockets from around the world - empanadas, pasties, samosas, and even pop tarts!

## SO YOU THINK YOU CAN'T DANCE?

Have you ever been to a party or dance and felt like you couldn't join in the fun because you didn't know the latest dance moves? We'll break down the steps of some of today's most popular dances: Juju on the Beat, Cupid Shuffle, Electric Slide & Cotton Eye Joe. By the end of this class, you'll be ready to rule the dance floor! Meet in the Lobby.

